

Aromatherapy Diffuser

Art. No. 4701

The ideal way to vaporize essential oils is to use a diffuser—a device which evaporates the oils through heat to produce the tiniest of molecules. A variety of diffusers are available on the market, from simple candle-fired steel or ceramic models to expensive, efficient electric ones. Watkins sells a high-quality stainless-steel model that provides a stable base and safe burning medium, and uses an inexpensive tea light as its heat source. Many people find that the candle-lit models such as ours, in addition to being less expensive, add extra ambience provided by the warm glow of the flame.

A diffuser is very simple to operate; a few drops of essential oil are added to water in the shallow dish, and a tea light is lit beneath it. The heat from the candle gently warms the water, dispersing the oil vapor into the surrounding air. Besides the positive effects on the mood, the vapors in the air provide an effective antiseptic air freshener.

To Use:

Partially fill dish with distilled or filtered water. Add 5–10 drops of oil, based on your desired strength of fragrance. Place tea light on stand under dish and light. Use only tea lights and do not leave candle burning unattended.

Related Products:

There are two other ways to enjoy the effects of our therapeutic essences without the diffuser. **Watkins Aromatherapy Candles** (page A5) feature our five pure essential oil blends incorporated into a fine beeswax-blend medium. Our candles contain a higher concentration than department-store brands (8% essential oil, as opposed to 3%, 4% or much less), and burn at least 50 hours, filling the air with a continuous stream of soft aroma.



Watkins all-natural Air Enhancers (page A4) are an excellent way to add a quick burst of freshness to any room of the home. Our pure essential oil blends are incorporated into a fast-evaporating alcohol carrier that disperses the scents quickly without chemical propellants. Each non-aerosol pump bottle contains over 700 natural-based sprays that won't harm the ozone layer. They are an excellent alternative to toxic synthetic air fresheners, and are perfect for the bathroom, kitchen or car—great for gearing up or down while commuting to and from work! Air Enhancers are excellent as linen sprays—mist in linen closets, refresh drawer liners, mist on sheets and bedding. Test a small area first; do not spray directly on fabric with a tendency to stain, such as silk or satin.

Why Watkins?

- The best way to vaporize essential oils for therapy: produces the tiniest of molecules for maximum effectiveness.
- **High-quality stainless-steel:** provides a stable base and safe burning medium.
- **Candle-fired:** inexpensive heat source; adds extra ambience.